

YELLOW ARM BAND TO GREEN ARM BAND*

The arm band status can be changed when an inpatient is independent with all transfers and mobility. The patient must have the mental capability to be safe and the fall risk score should fall within the green scoring parameters. Nursing may make a judgment call to change the patient to a green arm band if the patient continues to be within the yellow fall risk score parameters but shows they are capable with transfers, mobility, and have an alert and orientated cognitive status. This decision may also be informed with input from other members of the healthcare team caring for the patient (e.g. PT/OT, physician, pharmacist, etc.). The following are items that need to be explained to the patient and the patient needs to agree with all items in order to be moved to a green arm band. (Review the following items with the patient; consider using teach-back to ensure understanding.)

- Wear glasses if you normally do so while walking
- Turn on appropriate lighting - especially at night
- Wear appropriate footwear (shoes and socks or gripper socks)
- Use your walker or cane at all times, even in the bathroom
- Continue to call for assistance if you want supervision at any time
- Don't try to get up if you are feeling unsafe moving around
 - Or if your assistive device is not close to you
 - Or if your table or clutter is creating an obstacle
 - Or if you are feeling nauseated or dizzy

Staff Member Signature/Date

Patient Signature/Date

*Shared by Providence Medical Center. Yellow arm bands at this hospital are used for patients identified at risk for falls per the fall risk assessment tool. Green arm bands are used for patients identified not at risk for falls per the fall risk assessment tool.