

**UNMC Physical Medicine and Rehabilitation Residency Program Core Didactic Series
SAMPLE**

PGY 1

PGY 1 level trainees are required to attend the educational activities within the Department they are currently rotating in. This includes; didactic sessions, case conferences, journal clubs, and departmental grand rounds. Trainees are also strongly encouraged to attend Physical Medicine and Rehabilitation's monthly Journal Club should their schedule allow.

Sample Core Didactic Schedule for PGY 2 – 4

Didactic topics are derived from the Braddom's Physical Medicine and Rehabilitation, 5th Edition and repeat on an annual basis.

	Date	Time	Lecture Topic(s)	
Evaluation	12-Jul-19	Friday	10am – 12pm	“The Psychiatric History and Physical Examination” “History and Examination of the Pediatric Patient”
	19-Jul-19	Friday	10am – 12pm	“Adult Neurogenic Communication and Swallowing Disorders”
	26-Jul-19	Friday	10am – 12pm	“Psychological Assessment and Intervention in Rehabilitation”
	2-Aug-19	Friday	10am – 12pm	“Practical Aspects of Impairment Rating and Disability Determination
	9-Aug-19	Friday	10am – 12pm	“Employment of People with Disabilities”
	16-Aug-19	Friday	10am – 12pm	“Quality and Outcome Measures for Medical Rehabilitation”
Treatment Techniques and Special Equipment	23-Aug-19	Friday	10am – 12pm	“Rehabilitation and Prosthetic Restoration in Upper Limb Amputation”
	30-Aug-19	Friday	10am – 12pm	“Lower Limb Amputation and Gait”
	6-Sep-19	Friday	10am – 12pm	“Upper Limb Orthoses”
	13-Sep-19	Friday	10am – 12pm	“Lower Limb Orthoses”
	20-Sep-19	Friday	10am – 12pm	“Spinal Orthoses”
	27-Sep-19	Friday	10am – 12pm	“Wheelchairs and Seating Systems”
	4-Oct-19			
	11-Oct-19	Block for Anatomy Lab Activities		
	18-Oct-19			
Treatment Techniques and Special Equipment	25-Oct-19	Friday	10am – 12pm	“Therapeutic Exercise”
	1-Nov-19	Friday	10am – 12pm	“Manipulation, Traction and Massage”
	8-Nov-19	Friday	10am – 12pm	“Physical Agent Modalities”
	15-Nov-19	Friday	10am – 12pm	“Integrative Medicine in Rehabilitation”
	22-Nov-19	Friday	10am – 12pm	“Computer Assistive Devices and Environmental Controls”
Common Clinical Problems	29-Nov-19	Friday	10am – 12pm	“Bladder Dysfunction”
	6-Dec-19	Friday	10am – 12pm	“Neurogenic Bowel: Dysfunction and Rehabilitation”
	13-Dec-19	Friday	10am – 12pm	“Sexual Dysfunction and Disability”
	20-Dec-19	Friday	10am – 12pm	“Spasticity”
	27-Dec-19	Friday	10am – 12pm	“Chronic Wounds”
	3-Jan-20	Friday	10am – 12pm	“Vascular Diseases”
	10-Jan-20	Friday	10am – 12pm	“Burns”
17-Jan-20	Friday	10am – 12pm	“Acute Medical Conditions”	

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Issued in Specific Diagnosis	24-Jan-20	Friday	10am – 12pm	“Chronic Medical Conditions: Pulmonary Disease, Organ Transplantation and Diabetes”
	31-Jan-20	Friday	10am – 12pm	“Cancer Rehabilitation”
	7-Feb-20	Friday	10am – 12pm	“The Geriatric Patient”
	14-Feb-20	Friday	10am – 12pm	“Rheumatologic Rehabilitation”
	21-Feb-20	Friday	10am – 12pm	“Common Neck Problems”
	28-Feb-20	Friday	10am – 12pm	“Low Back Pain”
	6-Mar-20	Friday	10am – 12pm	“Osteoporosis”
	13-Mar-20	Friday	10am – 12pm	“Upper Limb Pain and Dysfunction”
	20-Mar-20	Friday	10am – 12pm	“Musculoskeletal Disorders of the Lower Limb”
	27-Mar-20	Friday	10am – 12pm	“Chronic Pain”
	3-Apr-20	Friday	10am – 12pm	“Pelvic Floor Disorders”
	10-Apr-20	Friday	10am – 12pm	“Sports Medicine and Adaptive Sports”
	17-Apr-20	Friday	10am – 12pm	“Motor Neuron Diseases”
	24-Apr-20	Friday	10am – 12pm	“Rehabilitation of Patients with Neuropathies”
	1-May-20	Friday	10am – 12pm	“Myopathy”
	8-May-20	Friday	10am – 12pm	“Traumatic Brain Injury”
	15-May-20	Friday	10am – 12pm	“Stroke Syndromes”
	22-May-20	Friday	10am – 12pm	“Degenerative Movement Disorders of the Central Nervous System”
	29-May-20	Friday	10am – 12pm	“Multiple Sclerosis”
	5-Jun-20	Friday	10am – 12pm	“Cerebral Palsy”
12-Jun-20	Friday	10am – 12pm	“Myelomeningocele and Other Spinal Dysraphisms”	
19-Jun-20	Friday	10am – 12pm	“Spinal Cord Injury”	
26-Jun-20	Friday	10am – 12pm	“Auditory, Vestibular and Visual Impairments”	

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Musculoskeletal Ultrasound Curriculum PGY 2 – 4

Didactic topics and activities are derived from the American Medical Society for Sports Medicine “AMSSM Sports Ultrasound Online Modules” and repeat on an annual basis.

Date	Time	Lecture Topic(s)	
21-Aug-19	Wednesday	5pm – 7pm	Principles of Musculoskeletal Ultrasound
18-Sep-19	Wednesday	5pm – 7pm	Introduction to Scanning Techniques and Knobology
23-Oct-19	Wednesday	5pm – 7pm	Shoulder Examination
20-Nov-19	Wednesday	5pm – 7pm	Elbow Examination
18-Dec-19	Wednesday	5pm – 7pm	Wrist/Hand Examination
15-Jan-20	Wednesday	5pm – 7pm	Hip Examination
19-Feb-20	Wednesday	5pm – 7pm	Knee Examination
18-Mar-20	Wednesday	5pm – 7pm	Ankle/Foot Examination
15-Apr-20	Wednesday	5pm – 7pm	Ultrasound Guided Injection Practice
20-May-20	Wednesday	5pm – 7pm	Ultrasound Guided Injection Practice