

**UNMC, College of Public Health**  
**Applied Practice Experience (APEX) Opportunities**

**Partner organization name:** Calistus Multiple Myeloma Foundation

**Partner organization website:** [www.calistusfoundation.org](http://www.calistusfoundation.org)

**Partner organization brief description:** The Myeloma Support Foundation is a nonprofit organization committed to improving the lives of individuals affected by multiple myeloma. Our mission is to provide comprehensive support, education, and advocacy for patients, caregivers, and their families.

**Partner organization's point of contact name and email:**

Judith .N. Obodougo, MPH

Founder, Executive Director

[Judith@calistusfoundation.org](mailto:Judith@calistusfoundation.org)

**Description of partner organization's priority opportunities (APEX activities):**

- Compare the organization, structure and function of health care, public health care, public health and regulatory systems across national and international settings. Personalized assistance, emotional support, and resource guidance for myeloma patients.
- Health fairs event planning and management, blood cancer awareness month event planning, Multiple Myeloma Educational workshops, webinars, and gala event planning strategies.
- Championing patients' rights, access to quality care, and research funding. Reducing stigma and promoting early detection.
- Regional conferences bring together patients, healthcare professionals, and researchers.
  - Support groups are established in collaboration with local hospitals

**Timeframe of proposed activities:** Based on the semester for the students.

**Benefit of proposed activities to partner organization:**

Planning and management to promote health:

- Assess population needs, assets and capabilities that affect communities' health.
- Apply awareness of cultural values and practices to the design or implementation of public health policies or programs. Addressing physical, emotional, and practical needs.

Community Engagement:

- Peer support groups, social events, and online forums.
- Connecting patients with shared experiences.
- Health fair, and community outreach events.

Holistic Support:

\*Note—An affiliation agreement will be required prior to student engagement

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- Beyond medical assistance, we provide resources for: financial planning, legal advice, and emotional well-being.
- Enhancing overall quality of life.
- Food pantry days in collaboration with local organizations.

**Benefit of proposed activities to the student:**

- Collaborations
- Partnership building
- Advocacy building
- Awareness and strategy planning skills
- Outreach and Community Engagement

**Skill sets of students requested:**

- Public health intervention
- Public Speaking and policy management
- Canva/ Content Creator skills, Tech or social media skill for webinar and zoom set ups
- Teamwork, problem-solving, customer service, communication, result-orientation, decision-making, self-motivation, integrity.

**Additional Information** (format of preferred engagement-virtual, hybrid, in-person; partner organization's location): If hybrid, location will be UNO Community Engagement Center.