## "We want to be here for our boys."

**ROSIE AND JOE** 



Did you know that **3 in 10 untreated prediabetic people** will develop diabetes within five years? The Velasco family is on a mission to prevent, treat and reverse prediabetes — and they're doing it together.



## TAKE CHARGE of your FAMILY'S HEALTH



Visit NEHealthMatters.org

to take the risk assessment and and learn how to **prevent**, **treat** and **reverse** prediabetes!

