

UNMC College of Public Health ECHO

January 27, 2021

**AHRQ ECHO National Nursing
Home COVID-19 Action Network**



Welcome and Announcements

Deborah Levy

**AHRQ ECHO National Nursing
Home COVID-19 Action Network**



Announcements

- Please type your *name, email, and facility name* in the chat box for us and ECHO Institute to capture your attendance
- Please type your questions in the chat box, and they will be addressed during the situation discussion and/or the Q&A
- The materials from the sessions are available for you to download from our website
- The recording of the sessions, which are required by AHRQ and ECHO Institute, are available only for special circumstances and a request must be made to Krista Brown
- Throughout the week, if you have questions, concerns, or issues to raise, please send Krista an email at Krista.Brown@unmc.edu
- **Training Centers will receive a no notice audit – staff from the ECHO Institute will join one of our sessions between now and the end of the 16 weeks**

CME and CNE Credits

- These sessions have been approved for both Physician and Nursing credits
- 1.5 credits will be awarded per session
- Approval is based on attending the 30 minutes of discussion and Q&A at the end of the formal 60 minutes
- You will be **required to complete 2 evaluations** to receive your continuing education credits
 - After the first 8 weeks
 - At the end of the 16 weeks
- You must type your **name, email, and facility name** in the chat box to be recognized as attending the session
- If you have questions or issues about these credits, please send Barbara Dodge an email at bdodge@unmc.edu

Week 11 Agenda

Time	Subject	Speaker/ Facilitator
1200 - 1205	Welcome and Announcements	Deborah Levy
1205 - 1225	Promoting Safe Visitation and Nursing Home Re-opening during COVID-19	Matt Beacom
1225 -1255	Case Study/Scenario Presentation and Discussion	Public Health Core Team
1255 - 1300	Weekly Poll	Krista Brown
1300 - 1330	Continued Discussion and Q&A	Public Health Core Team

16-Week Curriculum Overview

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16-Week Curriculum Overview

- Preventing and Limiting the Spread of COVID-19 in Nursing Homes ✓
- Guidance and Practical Approaches for Use of Personal Protective Equipment (PPE) during COVID-19 ✓
- Approaches to Cohorting during COVID-19 ✓
- Promoting Solutions for Making the Built Environment Safer during COVID-19 ✓
- Guidance for Cleaning & Disinfecting during COVID-19 ✓
- COVID-19 Testing for Nursing Homes ✓
- COVID-19 Community Transmission and Nursing Home Screening Strategies ✓
- Staff Returning to Work Safely during COVID-19 ✓

Curriculum Continued

- Interprofessional Team Management of Mild Cases of COVID-19 ✓
- Advance Care Planning in the Time of COVID-19 ✓
- **Promoting Safe Visitation and Nursing Home Re-opening during COVID-19**
- Promoting Safe Care Transitions during COVID-19: Admissions, Discharges, and Transfers
- The Role of Certified Nursing Assistants (CNAs) in Managing and Supporting Residents and Families during COVID-19
- Managing Social Isolation during COVID 19: Perspectives on Staff and Residents
- Supporting the Emotional Well-being of Staff Caring for Residents during COVID-19
- Effective Leadership and Communication during COVID-19

Promoting Safe Visitation and Nursing Home Re-opening during COVID-19

■ Learning Objectives

- Understand the reasons why it is important for nursing facilities to reopen to visitation and how social isolation can affect the elderly
- Identify the core principles of COVID-19 infection prevention
- Describe alternative methods of communication in addition to in-person visitation
- Review measures that may be taken to facilitate safe in-person visitation
- Acknowledge that visitation is not necessarily a linear process – adjustments may have to be made to the visitation program based on community and facility COVID-19 status

Lack of social interaction in the elderly can lead to:

- Changes in mood such as depression and anxiety
- Decline in mentation
- Increase in behaviors in residents with Dementia
- Decreased desire to eat leading to weight loss
- Can cause other physiological effects such as increased blood pressure or cardiovascular events
- Some studies have shown that social isolation can lead to premature death

Core Principals of COVID-19 Infection Prevention

- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g. temperature checks, questions or observations about signs and symptoms) and denial of entry of those with signs and symptoms
- Hand hygiene
- Face covering or mask
- Social distancing of at least six (6) feet between persons
- Instructional signage throughout the facility and proper visitor education on COVID-19
- Cleaning and disinfecting high frequency touched surfaces in the facility often, and in designated visitation after each visit
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents
- Resident and staff testing

Alternative Methods of Communication

- Phone and video visits
- Window visits
- Dedicated meeting space

Visitation



Virtual

Face time, Zoom, Skype, Google Duo

Outdoor

Window visits
Designated outdoor visitation space

Indoor

Compassionate Care visits
Designated indoor visitation space
Resident room visits

Visitation with Vaccination

- PPE use
- Outside visitors screening/testing requirements
- Expectations vs. Reality
- Vaccine benchmarks (ALF's)
- Key hesitancy items for LTC
 - Fertility
- Personal effects
 - Delivery and pick up

All Teach All Learn Case Study/Situation Presentation and Discussion

UNMC Public Health Core Team

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Resource Links

- **Content Resource Links**

- *Video: Session 12_Presentation_Safe Visitation*

- <https://www.youtube.com/watch?v=DwIV9OVhBTw&feature=youtu.be>

- **Additional Vaccine-related Information**

- Covid 19 Vaccinations: Perspectives From A Nursing Home CNA

- <https://www.youtube.com/watch?v=BAphJXYjLvQ&feature=youtu.be>

- Guide to COVID-19 vaccine communications - A practitioner's guide to the principles of COVID-19 vaccine communications

- <https://covid19vaccinescommunicationprinciples.org/downloads/>

- “Protects Me, Protects You” campaign is to build confidence in getting vaccinated in order to reduce transmission of the coronavirus

- <https://www.protectsmeprotectsyou.org/>

Weekly Poll

Krista Brown

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Continued Discussion and Q&A

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