

# Center for Reducing Health Disparities Staff

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## College of Public Health

### Center for Reducing Health Disparities

#### UNMC College of Public Health Mission

The College of Public Health at the University of Nebraska Medical Center delivers high quality education, research, and public service emphasizing the following areas: biosecurity/biopreparedness; biostatistics; environmental, agricultural, and occupational health sciences; epidemiology; ethics and humanities in health; health disparities; health policy analysis, health services administration; health services research; health promotion/disease prevention; rural health; and toxicology.

The College is a principal provider of both professional and continuing education for the public health workforce for Nebraska and the region. Academic programs in the College prepare experts, including future faculty in public health specialties, to serve in Nebraska, nationally and internationally.

The College conducts high quality multi-disciplinary research with colleagues within and outside the University. The College develops its research priorities in collaboration with and in response to the needs that exist in the broader community.

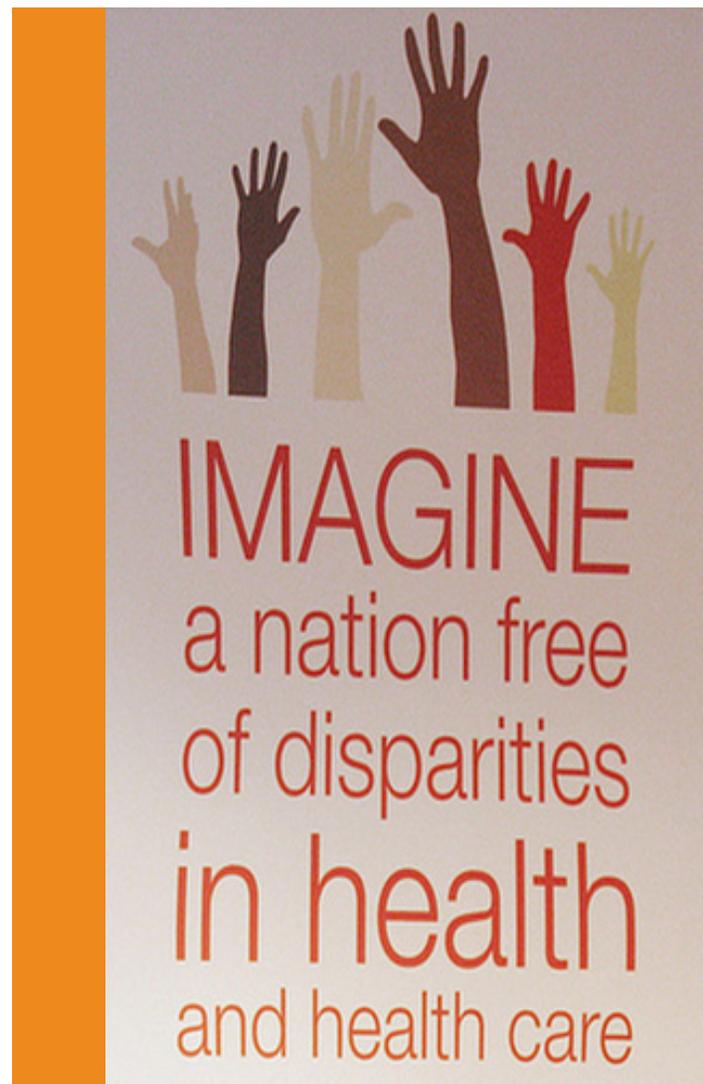
Consistent with the University of Nebraska's mission as a land grant institution, the College of Public Health serves the public through effective public health interventions to increase population wellness; pursues effective and efficient methods for health care delivery approaches to reduce health disparities and provide high quality health services for the entire population; and offers advice and consultation to community organizations and public policy makers to enhance population health status.



#### Center for Reducing Health Disparities

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Working with Communities to Improve Health through Collaborative Research, Education and Service.

“...one of the greatest challenges facing the nation is reducing and eliminating the profound disparity in health status that exists for many of its populations.”

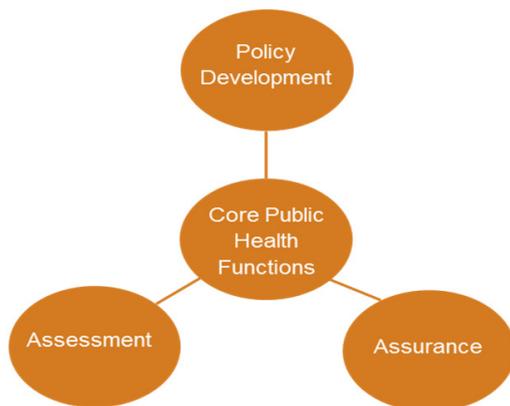
Dr. John Ruffin, Director  
National Center on Minority Health & Health Disparities

### Who We Are

The Center for Reducing Health seeks to promote equity and social justice in health and health care through collaborative efforts. The Center strives to become a leader in providing research, community engagement, and education to effectively reduce health disparities. Our vision is to become the premier Center of Excellence in the Midwest and nationwide to improve public health and achieve health equity.

The Center is one of the key functional centers in the College of Public Health at University of Nebraska Medical Center to improve health and wellness of people in Omaha and throughout the state of Nebraska. It was formed in early 2007, through the combination of two programs at UNMC – Community Partnership and Minority Health Education and Research.

The Center supports the three core public health functions including: assessment, policy development, and assurance.



The Center assesses unmet health needs in the communities and mobilizes partnerships to address these needs. Additionally, the Center serves as a link for the community to access health information thereby empowering individuals to make informed and educated decisions about their health.

### Vision

To become a nationally-recognized Center of Excellence for promoting health equity through quality research, education, and community engagement.

### Mission

To promote equity and social justice in health and health care by leading collaborative efforts to generate and disseminate evidence-based, policy-relevant solutions.



The Center offers a number of services in each of the three focus areas.

### Community Engagement

- Health promotion programs and activities
- Limited community health screenings
- Presentations & workshops
- Community dialogues
- Health equity and community history book discussions
- Access to community conference rooms at UNMC and at satellite offices

### Research

- Consultation on study design of projects targeting under served communities
- Spanish translation services for IRB approved research related documents
- Promotion and enrollment of under served groups in research studies
- Lunch enlightenment educational research series

### Education

- Preceptor site for Masters in Public Health students
- Service-learning opportunities
- Guest lecture series in health disparities
- Cultural competency course
- Special topics course: Introduction to Health Disparities and Health Equity

## Programs

### North Omaha

- Diabetic Support Group
- Eastern Nebraska Community
- Action Program (ENCAP) Health
- Outreach Program
- Flu Vaccine Campaign
- Hypertension Support Group
- North Omaha Area Health (NOAH) Newspaper
- North Omaha Youth Health Careers Advisory Council
- Fit & Fabulous
- Weekly Blood Pressure Clinic
- Youth Expression of Health (YEOH)
- Health Disparities Summer Intern Program (SIP)
- Youth Health Career Explorer Post

### South Omaha

*(All services available in Spanish)*

- Chronic Disease Self-Management
- Intimate Partner Violence Education
- Latinas, Tabaco, y Cáncer Group
- Mental Health Support Group
- Parenting Workshops
- Spanish Language Radio & TV Health Outreach
- South Omaha Health Fair
- Smoking Cessation Program
- Tobacco Prevention & Outreach

### Statewide

The Center is interested in working with communities across the state and we look forward to additional collaborations addressing health disparities.

### Speakers

Presentations/workshops on a number of topics are available upon request including:

- Health Disparities
- Healthy Lifestyles – physical activity, nutrition, tobacco, and smoking cessation
- Community Advocacy & Organizing
- Diabetes
- Cancer
- Mental Health
- Coalition-Building