

FIRST AID ON THE FARM

BLOOD LOSS



AgHealth
Central States
Center for Agricultural
Safety and Health



University of Nebraska
Medical Center

THE ABCs OF BLEEDING

A - Alert! Call 9-1-1.

B - Bleeding! Find the source.

- Open or remove clothing to clearly see the wound.
- Look for and identify "life-threatening bleeding".

C - Compress! Apply pressure to the wound.

- Cover the wound with a clean cloth and apply pressure by pushing on it with both hands, **OR**
- Use a tourniquet, **OR**
- Pack the wound with gauze or clean cloth and then apply pressure.

SUPPLIES

- Gloves (optional, but recommended)
- 4" Israeli Bandage
- CAT Tourniquet

As the first responder, be sure to keep yourself safe! If you become injured you will not be able to help anyone.

OTHER IMPORTANT FIRST AID SUPPLIES

Cardiac Issues:

- Heart Attack (MI) - bottle of 81 mg non-coated Aspirin

Airway Compromises:

- Asthma - Albuterol Rescue Inhaler (prescription)
- Anaphylaxis - Epinephrine Autoinjector (EpiPen) (prescription)

Burn Management:

- 12"x30" trauma dressing or sterile dressing with Telfa rolled gauze

Accessory Items:

- Flashlight/headlamp
- Trauma shears
- Rubber gloves
- Extra batteries for flashlight/headlamp
- First Aid Kit storage: small dry box or dry bag



GET IN TOUCH

402-552-3394

go.unmc.edu/cs-cash/cs-cash-contact

 go.unmc.edu/cs-cash

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RESOURCES



Stop the Bleed
Project



FEMA: You are
the Help Until
Help Arrives



Video:
How to Stop
the Bleed



Stop the Bleed
Online Course



SAVE A LIFE

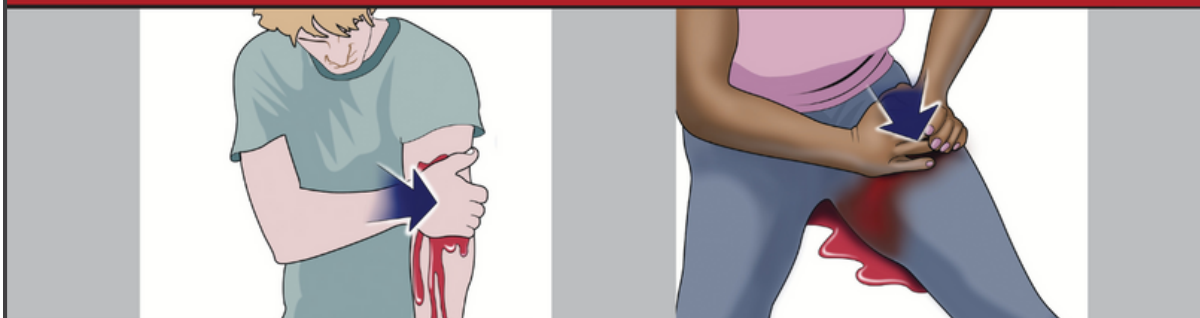
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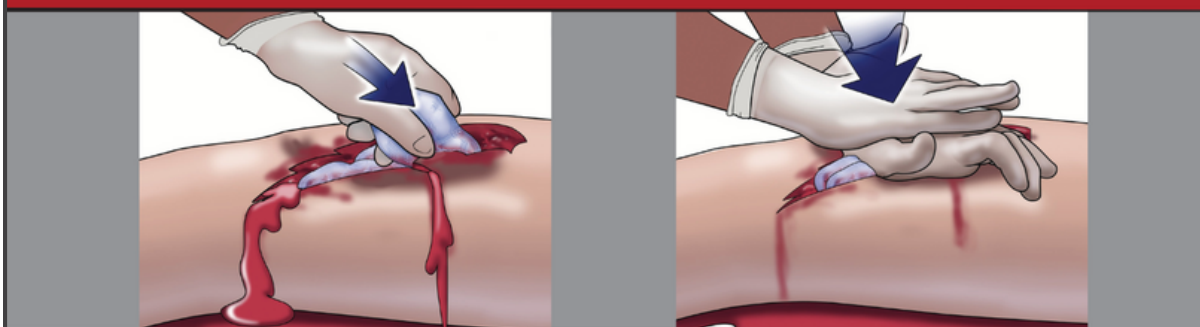
THE
COMMITTEE
ON TRAUMA

STOPTHEBLEED.ORG

1 APPLY PRESSURE WITH HANDS



2 APPLY DRESSING AND PRESS



3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

CALL 911

The 'STOP THE BLEED' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life-threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which merges the translation of knowledge back to the homeland for the benefit of the general public. 'STOP THE BLEED' is a registered service mark of the Department of Defense. Use of the equipment and the training does not guarantee that all bleeding will be stopped or that all lives will be saved.

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