

CHECKLIST: MAKE YOUR OWN FARM FIRST AID KIT


A large first aid kit should be kept in the main farm/ranch building. Smaller kits should be kept in vehicles and other farm equipment. Store kits in water- and dust-resistant containers.

CHECKLIST FOR BASIC LARGE FIRST AID KIT

- First Aid Manual
- Sterile first aid dressings in sealed envelopes
 - 2 inch by 2 in. for small wounds
 - 3 inch by 4 in. for larger wounds, can compresses to stop bleeding
- Two trauma dressings, for covering large areas
- Small, sterile adhesive compresses in sealed envelopes
- Roller bandages and 1 inch, 2 inch, and 6 inch cling bandages
- Rolls of adhesive tape in assorted widths (to hold dressings in place)
- Triangle bandages to use as slings or as coverings over large dressings
- Antiseptic wash
- Tongue depressors
- Bandage scissors and heavy-duty scissors to cut clothing
- Tweezers to remove insect stingers or small splinters
- Splints that are 1/4 in. thick by 3 in. wide by 12 to 15 in. long for splinting broken arms and legs
- Sterile saline solution
 - 8 fl. oz. for small kits
 - 2 qt. for large kits
- Safety pins
- Ice packs (chemical ice bags) to reduce swelling
- A pocket mask for resuscitation
- Three small packages of sugar for individuals with diabetes
- Disposable rubber gloves and eye goggles
- An emergency blanket
- Flashlight/headlamp & extra batteries
- Rubber gloves



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OTHER IMPORTANT FIRST AID SUPPLIES

BLEEDING

- Gloves (optional, but recommended)
- 4 in. Israeli Bandage
- CAT Tourniquet

CARDIAC ISSUES

- Heart attack (MI) - bottle of 81 mg non-coated aspirin

AIRWAY COMPROMISES

- Asthma - Albuterol Rescue Inhaler (prescription)
- Anaphylaxis - Epinephrine Autoinjector (EpiPen) (prescription)

BURN MANAGEMENT

- 12 in. by 30 in. trauma dressing or sterile dressing with Telfa rolled gauze



RESOURCES



American Red Cross:
First Aid Steps



Extension:
First aid kits for
production agriculture



CS-CASH:
Farmer's First Aid



CS-CASH:
First Aid on the Farm -
Blood Loss




Red Cross:
Find a First Aid Training



NECAS:
Buy Farm First Aid Kits

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