## **QPR FOR FARMERS AND FARM FAMILIES**

Free suicide prevention training for members of agricultural communities

QPR is a mental health crisis intervention and suicide prevention model, which stands for Question, Persuade, and Refer. This 1.5 hour training is available online or in-person.

UNMC's Central States Center for Agricultural Health and Safety (CS-CASH) has funded free QPR trainings for the following states: Kansas, Missouri, Nebraska, Iowa, South Dakota, North Dakota, and Minnesota!







