

1. PORTFOLIO TITLE PAGE

Name:

Name of your Academic Advisor:

Date your portfolio was last updated (MM/YYYY):

Date you and your Academic Advisor last reviewed your portfolio (MM/YYYY):

2. PROFESSIONAL MISSION STATEMENT AND GOALS

My professional mission statement is to *(what difference do you hope to make in the world, through your career?)*:

My Career Goals include *(may be short term and/or long term)*:

Remember: Think about why you chose public health and your specific concentration, what you are passionate about in public health and the difference you hope to make with your career. You may draw from the personal statement you submitted with your COPH application, but your mission statement and goals should be revised over time, as you refine your focus. Keeping these items up to date will help you prepare cover letters during the job search process.

3. COMPETENCY REFLECTION

The Competency Reflection is to be completed each year by completing the appropriate section (which corresponds to year in the program) of the below table, meeting with your advisor and uploading the updated form onto BlackBoard by April 1st.

Core and Concentration Competencies for your program can be found at the following link:

<http://www.unmc.edu/publichealth/programs/masterofpublichealth/mphcompetencies.html>

YEAR 1		
Date Reviewed with Advisor (MM/DD/YYYY)	COMPETENCY STRENGTH(S) Identify at least one core or concentration competency that you feel is a current strength.	Documentation of Competency: 1. Note how you met and/or strengthened each identified competency this semester/year (i.e. specific course, work, volunteering, service learning, capstone, lecture series, etc.). 2. Think about any work products that could potentially serve as an example of this competency area. Record those work products in Portfolio Section #4, "Work Samples."
	COMPETENCY WEAKNESS(ES) Identify at least one core or concentration competency that you feel is a current weakness.	Identify strategies and a plan for improving each area of weakness with your advisor (i.e. additional coursework, other learning experience, workshop, webinars, volunteer work, etc.).

YEAR 2		
Date Reviewed with Advisor (MM/DD/YYYY)	COMPETENCY STRENGTH(S) Identify at least one core or concentration competency that you feel is a current strength.	Documentation of Competency: 1. Note how you met and/or strengthened each identified competency this semester/year (i.e. specific course, work, volunteering, service learning, capstone, lecture series, etc.). 2. Think about any work products that could potentially serve as an example of this competency area. Record those work products in Portfolio Section #4, "Work Samples."
	COMPETENCY WEAKNESS(ES) Identify at least one core or concentration competency that you feel is a current weakness.	Discuss possible strategies for improving each area of weakness with your advisor (i.e. additional coursework, other learning experience, workshop, webinars, volunteer work, etc.).

YEAR 3 (IF NEEDED)		
Date Reviewed with Advisor (MM/DD/YYYY)	COMPETENCY STRENGTH(S) Identify at least one core or concentration competency that you feel is a current strength.	Documentation of Competency: 1. Note how you met and/or strengthened each identified competency this semester/year (i.e. specific course, work, volunteering, service learning, capstone, lecture series, etc.). 2. Think about any work products that could potentially serve as an example of this competency area. Record those work products in Portfolio Section #4, "Work Samples."
	COMPETENCY WEAKNESS(ES) Identify at least one core or concentration competency that you feel is a current weakness.	Discuss possible strategies for improving each area of weakness with your advisor (i.e. additional coursework, other learning experience, workshop, webinars, volunteer work, etc.).

YEAR 4 (IF NEEDED)		
Date Reviewed with Advisor (MM/DD/YYYY)	COMPETENCY STRENGTH(S) Identify at least one core or concentration competency that you feel is a current strength.	Documentation of Competency: 1. Note how you met and/or strengthened each identified competency this semester/year (i.e. specific course, work, volunteering, service learning, capstone, lecture series, etc.). 2. Think about any work products that could potentially serve as an example of this competency area. Record those work products in Portfolio Section #4, "Work Samples."
	COMPETENCY WEAKNESS(ES) Identify at least one core or concentration competency that you feel is a current weakness.	Discuss possible strategies for improving each area of weakness with your advisor (i.e. additional coursework, other learning experience, workshop, webinars, volunteer work, etc.).

4. WORK SAMPLES

List specific projects and their related work product(s) (i.e. report, presentation, etc.) that you think best illustrate your skillset. For each item, note the competencies that would be showcased best by this example.

PROJECT (include course and date, as applicable)	WORK PRODUCT (as applicable)	COMPETENCY/SKILL AREA
<p>e.g. Public Health Program Evaluation (Fall '14)</p> <p>Worked collaboratively with Project Coordinator at XYZ Organization and program staff to shape the evaluation questions, and then designed a full evaluation plan, which they are currently executing.</p>	<p>Program Evaluation Plan design for early childhood nutrition program piloted by XYZ Organization</p> <p>Survey Instrument to assess change in X behavior among program participants (adapted from XYZ questionnaire)</p>	<p>Core 5C. "...evaluation of public health programs, policies and interventions"</p> <p>HP 2B. "Utilize appropriate qualitative and quantitative evaluation methods"</p> <p>HP 3A. "...coordinate and facilitate community groups, coalitions, and partnerships"</p>

It is a good idea to keep this list up to date throughout your time at COPH. If you have a LinkedIn profile, think about including some of these products as samples of your work.