Rick Sacra, M.D.

Dr. Rick Sacra grew up in Wayland, Mass. in the Boston MetroWest Area. He attended Brown University and graduated in 1984 with a degree in biochemistry.

He married Deborah Stanton in 1985, and they have three children.

Dr. Sacra earned his doctor of medicine degree from the University of Massachusetts Medical School in Worcester, Mass., in 1989. He completed a three-year family medicine residency program in Bristol, Tenn., and then worked at the Family Health Center of Worcester from 1992 until 1995. He is board certified in family medicine.

Dr. Sacra has served with Serving In Mission as a medical missionary in Liberia since 1995 at the Eternal Love Winning Africa Hospital. He has provided patient care training for nurses, medical students and interns and leadership development. He also initiated the founding of ELWA’s HIV/AIDS counseling and treatment program.

Dr. Sacra was the acting medical director at ELWA Hospital from 2008 to 2010. For family reasons, he currently divides his time between the U.S. and Liberia, spending about a month every quarter in Liberia. During his time in the U.S., he helps teach residents at the Family Health Center of Worcester.

He hopes to continue working in Liberia after recovery from his illness and to help begin a Christian Family Medicine Residency Program in Liberia in the future.

SIM (www.simusa.org) is an international Christian mission organization with a staff of nearly 3,000 workers from 70 nationalities serving in more than 65 countries. SIM serves on every continent in areas of health care, education, community development, and Christian witness. While SIM stood for Sudan Interior Mission when it was founded 120 years ago, it is now a global mission known as SIM (pronounced S-I-M).