

Community Resources for Students and Staff

Housing Insecurity and Community Assistance Programs

- Housing Insecurity
- Legal Assistance
- Bills and Utility Assistance
- Transportation and Moving Assistance for Students

Food Pantry and Related Resources

- Omaha
- Kearney
- Lincoln
- Norfolk
- lowa

Childcare Resources

- Nationwide
- Nebraska
- Omaha

Mental Health Services

- Nationwide
- Nebraska

Miscellaneous Resources



HOUSING INSECURITY & COMMUNITY ASSISTANCE PROGRAMS

Housing Insecurity

Omaha (Douglas County)

Douglas County CARES Act Rental Assistance Program

- Will need to submit all supporting documents (e.g., proof of financial hardship due to COVID19, accurate contact information for your landlord)
- Call: 402-444-7232, Monday through Friday, 8 a.m. to 4:30 p.m.

Legal Assistance

Nebraska

COVID-19/Disaster Relief Hotline Provided by Legal Aid of Nebraska

- Call 1-844-268-5627 and leave your name, phone number, details of the problem and the assistance needed, and county. Callers will receive a call back from Legal Aid staff.
- The types of legal issues associated with COVID-19 Hotline include:
 - Tenants with rent issues, including those facing eviction
 - Debt problems, including debtors with garnishments or ordered to appear at a debtor's exam
 - Mortgage foreclosures, including advising on options for delinquent payments
 - Unemployment insurance denials
 - o Employee rights, including sick leave and wage payments
 - Government benefits available to low-income persons such as ADC, SNAP, AABD, and SSI
 - o Medicaid and medical insurance claims
 - o Drafting wills, health care power of attorney, and transfer on death deeds
 - Domestic abuse and safety issues
 - Elder abuse and exploitation
 - Access to education

Kinney Mason Law Firm

- Call 402-452-1918
- Offering free legal help for people in domestic violence/family threat situations or those that need help establishing a Health Care Power of Attorney

Nebraska Immigrant Legal Assistance Hotline

• Email: info@immigrantlc.org

• Call: 402-898-1349

Iowa

COVID-19/Disaster Relief Hotline Provided by IA Legal Aid

- Call 1-800-332-0419 Monday through Friday, 9 a.m. to 4 p.m.
- Helps with evictions, unemployment benefits, domestic violence issues.

Bills and Utility Assistance

Omaha (Douglas County)

Douglas County Utility Assistance Program

- Will need to submit all support documents (e.g., proof of financial hardship due to COVID19)
- If you need application assistance, call Dollar Energy Fund at 1-888-650-9132 to find a local partnering agency.

OPPD Energy Assistance Program (EAP)

- Financial assistance to help cover the emergency energy needs of households located within the 13-county OPPD service area.
- Contact OPPD Customer Service at 1-877-536-4131

Nebraska

Low Income Energy Assistance Program (LIHEAP)

- Federal program offering financial assistance to low-income households with emergency energy needs.
- Apply online at <u>ACCESSNebraska</u>
- Call 402-595-1258 or 1-800-383-4278

Nationwide

Dollar Energy Fund Agency Finder

 Connect with programs near you that aid with clothing, food, health services, childcare, and more.

United Way

- Call 211
- Assistance with resources for housing costs and paying bills

Transportation and Moving Assistance for Students

Omaha Rapid Bus Transit (ORBT)

FREE for the time being

U-Haul

- 30 days free self-storage for new customers with college IDs
- Email: info@collegeboxes.com
- Call: 866-269-4887

FOOD PANTRY AND RELATED RESOURCES

(Updated 9/1/2021)

Food Bank for the Heartland List of Partners

State of Nebraska and Western Iowa

Omaha

Maverick Food Pantry

- Complete this Request Form using a UNO/UNMC email address
- Requests for food packages can be submitted through an easy online form twice per week.
 Each package contains approximately two days' worth of non-perishable items and personal hygiene products.

Open Door Mission

- Timberlake Outreach Center: 2107 E Locust St Omaha, NE 68110 402-829-1510
- Elkhorn Family Outreach/Donation Center: 1620 N 203rd St Elkhorn, NE 68022
- Shopping open from Tuesday-Saturday 10 a.m. to 4 p.m., closed Sunday/Monday
- Free clothing, shoes, toys, household items, diapers, and food pantries.

Together Omaha

- 812 S 24th Street Omaha, Nebraska 68108 402-345-8047
- Monday-Thursday 10 a.m. to 3:30 p.m. Friday 10 a.m. to 2 p.m.

Project Hope Food Pantry

- 6201 North 60th Street, 68104 402-453-7649
- Monday, Wednesday, & Friday 11 a.m. to 2:45 p.m.
- Located in the lower level of Shepherd of the Hills Lutheran Church.

Salvation Army Food Pantry

- Burrows Center 6101 NW Radial Highway
- Monday, Tuesday, Thursday, Friday 9 a.m. to 11 a.m., 1 p.m. to 3:30 p.m.

Kearney

Loper Pantry (UNK)

- Office of Student Diversity and Inclusion
 First floor of Nebraskan Student Union
- Monday through Friday 7 a.m. to 7 p.m.; Saturday and Sundays 11:30 a.m. to 7 p.m.

Jubilee Center

- 1920 Central Ave, Kearney 68848 | 308-234-3880
- Monday, Wednesday, Friday 1:00pm-5:00pm, Tuesday 9:00am-1:00pm

Community Action Partnership of Mid-Nebraska Resource Page

Lincoln

Food Bank of Lincoln

- 4840 Doris Bair Circle, Suite A, Lincoln, Nebraska 68504
 402-466-8170
- Monday-Friday 8 a.m. to 4:30 p.m.
- Email: info@lincolnfoodbank.org

UNL Food Pantry Resource List

Select resources in the Lincoln community

Norfolk

Northeast Community College Food Pantry

Food Pantry all users must first fill out an Intake Form

Scottsbluff

Our Lady of Guadalupe Church Food Pantry & Soup Kitchen

- 1102 12th Ave Scottsbluff, 69363 308-632-2845
- Food pantry available Monday through Friday 11 a.m. to 5:30 p.m.

Potter's Wheel Ministries Food Pantry

- 111 E. Overland, Scottsbluff 69361 308-633-2888
- 1 p.m. to 3 p.m. on Tuesdays & Thursdays only. Please call to obtain a voucher.

Community Action Partnership of Western Nebraska (CAPWN)

- Call 308-635-3089 and leave a contact number for a callback and provide total household income information
- If eligible, arrangements will be made for food pick-up

Panhandle Partnership Resource List

Iowa

Open Door Mission

- Council Bluffs Family Outreach/Donation Center 1612 Avenue D, Council Bluffs, 51501
- Free clothing, shoes, toys, household items, diapers, and food pantries.
- Shopping open from 10 a.m. to 4 p.m. Tuesday through Saturday, closed Sunday/Monday

Southside Helping Hands Pantry

- 1919 S 10th St., Council Bluffs 51501
- Call for Hours: 712-322-8122

Trailblazers Pantry

- 815 N 16th St., Council Bluffs 51501
- Call for Hours: 402-510-7025

Iowa Food Bank

Servicing outside of Western Iowa

CHILDCARE RESOURCES

Omaha

Their Space Omaha

Childcare and tutoring drop-off options for working parents

Treefort

Drop-in childcare for infants to school age

School Day at the J

 Childcare option for kindergarten through sixth grade students enrolled in a remote learning program

Do Space After-School Club

- Free program featuring STEAM-related activities for elementary and middle school students.
- All programming is hosted Monday through Thursday at 5 p.m. at Do Space. Register <u>here</u> for this month's class.

Nebraska Medicine Internal Child Care Resources

• There are two internal lists, which will include information that was self-submitted by Nebraska Medicine colleagues: one list for those requiring care and one list for those who may be able to help. These lists can be viewed <u>here</u>, using the password "dependent." You can also get to this site through the Employee Resources section of NOW or on MyHR.

Nebraska

Nebraska DHHS Child Care Roster

• Roster of licensed childcare and preschool programs in Nebraska. Use the "Find" function ("Ctrl + F") to search by zip code, age, location, etc.

Nebraska Child Care Referral Network

Search for a licensed childcare provider across Nebraska

Nationwide

Swish Boom

Babysitting app to share resources with your network

Nanny Poppinz

• Search for a nanny to meet your family's needs

Care.com

Conduct a search for one-time or long-term childcare providers

MENTAL HEALTH SERVICES

Nationwide

Emotional PPE

• Free therapy from licensed mental health providers therapists for Health Care providers (e.g., nurses, doctors, medical social workers).

Nebraska

LifeBridge

· Offers free support and coaching on job stress, work/life balance, difficult life issues for physicians from other specially trained physicians.

MISCELLANEOUS RESOURCES

Community Relay

• A searchable national social care network. Can search by zip code, type of service, and more.

Nebraska Strong: Recovery Project

Outreach program working with families and communities impacted by COVID-19. Provide free and confidential community-based support and education to help Nebraskans cope.

Nebraska Rural Response Hotline

- · Information regarding legal assistance, financial clinics, mediation and emergency
- Available Monday through Friday 8 a.m. to 5 p.m. by calling 1-800-464-0258.

Nebraska Family Helpline

Available 24/7, 7 days a week by calling 1-888-866-8660