



MAVERICK FOOD PANTRY

CULTURE OF CARING

REQUEST PROCESS



A selection of healthy, organic, and culturally sensitive food items are available for currently enrolled students at UNO, UNMC, and CSM, Avenue Scholars students, and currently employed faculty and staff members at UNO to choose from by completing a request form. Please use the QR code or visit bit.ly/2W6mJS1 to access the form.

Requests for food packages can be submitted through the online form twice per week. Each package contains approximately two days worth of non-perishable items and personal hygiene products.

Requests will be approved and filled on the morning of the next business day. Packages will be available for pick up from the CEC Room 130 on Mondays, Tuesdays, Wednesdays, Thursdays from 8 a.m. - 5 p.m. and Fridays from 8 a.m.-3 p.m. Call 402.554.4083 if you need curbside pickup.

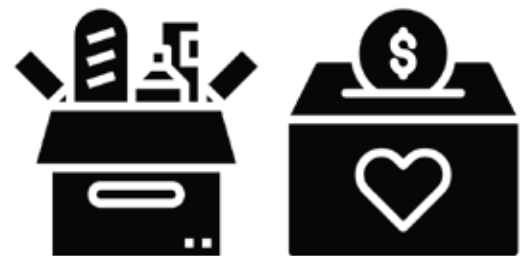
Campus community members requiring additional resources will be provided an updated list of community resources.

DONATE

To meet the growing demand, the Maverick Food Pantry is now accepting non-perishable food items and individually packaged toilet paper and paper towels. Items can be donated to the food pantry by scheduling an appointment. Please email unomavfoodpantry@unomaha.edu. Your donation is tax deductible. Donations can be dropped off at 130 Community Engagement Center (CEC).

Our current needs include:

- pasta and sauce
- peanut butter
- soups
- canned vegetables
- fruit
- gluten-free options
- vegan options



Monetary donations and gift cards will be used to purchase currently needed items. Gift cards can be purchased for Aldi, Bakers, Hy-Vee, Costco, Walmart, or Visa. Thank you for your help and support.

ITEM LIST

The Maverick Food Pantry (MFP) has created a distribution model to include items that are healthier, organic, and culturally sensitive. Having a consistent inventory of food items allow current UNO and UNMC students, faculty, and staff to select the exact items they want in their food order.

The following is a list of all items that are offered in the Maverick Food Pantry. Those seeking to support the MFP can purchase these item types, donate gift cards, or provide monetary support through the MFP website at serve.unomaha.edu/foodpantry. Donations can also be dropped off in-person at CEC 130.

PROTEIN

- Natural Creamy Peanut Butter (16 oz)
- Solid White Albacore Tuna in Water
- Canned White Chicken in Water
- Canned Organic Black Beans
- Canned Garbanzo Beans
- Canned Organic Kidney Beans
- Canned Organic Pinto Beans

FRUIT

- Mandarin Oranges in Light Syrup
- Sliced Yellow Peaches in Light Syrup
- Pineapple Chunks in 100% Juice
- Original Applesauce (24 oz)
- Canned Garbanzo Beans

VEGETABLES

- Canned Whole Kernel Corn
- Canned Diced Tomatoes
- Canned Cut Green Beans
- Canned Sweet Peas

GRAIN

- Organic Mac and Cheese
- Whole Grain Cereal
- Organic Oatmeal Packets
- Organic Whole Wheat Spaghetti
- Organic White Rice (28 oz)
- Brown Basmati Rice (32 oz)
- Rotini (18 oz)
- Whole Wheat Tortillas
- Organic Quinoa

SOUPS & SAUCES

- Tomato Paste (6 oz)
- Organic Marinara Sauce
- Organic Alfredo Sauce
- Organic Tomato Soup
- Organic Lentil Soup
- Organic Chicken Noodle Soup

ADDITIONAL FOOD PRODUCTS

- Pure Ground Black Pepper
- Table Salt
- Garlic Powder
- Ground Cumin
- Ground Paprika
- Ground Cinnamon
- Flour
- Baking Soda
- Baking Powder
- Pure Vegetable Oil

INDIVIDUAL PRODUCTS

- Single Roll Toilet Paper
- Single Roll Paper Towels
- Menstruation Hygiene Products
- Can Openers
- Single Packaged Toothbrushes
- Toothpaste

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