

HOW YEE HEIDI HON, M.D.

EDUCATION

2003-2007 B.Sc., Biology and Psychology, Queen's University, Kingston, ON
2008-2012 MD, Medicine, St. George's University School of Medicine,
Grenada, West Indies

POST DEGREE TRAINING

07/2012-06/2013 Intern, General Surgery, University of Connecticut, Hartford, CT
07/2013-06/2018 Resident, General Surgery, St. Luke's University Health Network,
Bethlehem, PA
07/2018-present Resident, Plastic & Reconstructive Surgery, University of Nebraska
Medical Center, Omaha, NE

PUBLICATIONS

1. **Hon HH**, DeLuna D, Akhter HM, Brosnihan PJ, Samson K, Diaz J, Miller JJ. Simultaneous Superiorly Based Pharyngeal Flap and Tonsillectomy: Evaluation of Speech and Pain Outcomes. *Journal of Craniofacial Surgery*. March/April 2021; 32(2): 509-511.
2. **Hon HH**, Chandra SR. Rhomboid Flap. *Atlas Oral Maxillofacial Surgery Clinics of North America*. March 2020; 28(1): 17-22.
3. Barrientos S, Leif M, **Hon HH**, Aizenberg M, Wong S. Duraplasty using autologous fascia lata and latissimus dorsi free flap for chronic CSF leak. *Journal of Craniofacial Surgery*. Oct 2019; 30(7): e671-e674.
4. Spaulding MC, Thomas PG, O'Mara MS, Ramirez CL, Yamagata FS, **Hon HH**, Hoey BA, Hoff WS, Cipolla J, Stawicki SP. Evidence-based approach to the trauma patient in extremis: transitioning from exclusive emergency department thoracotomy use to protocolized approaches incorporating resuscitative endovascular balloon occlusion of the aorta. *International Journal of Critical Illness and Injury Science*. Apr-Jun 2019; 8(20): 57-62.
5. **Hon HH**, Birriel TJ, Char ME. Gastric sleeve migration conversion to a roux-en-y gastric bypass in combination with wedge fundectomy and paraesophageal hernia repair. *Surgery for Obesity and Related Disease*. Mar 2018; 14(3): 426-427.
6. **Hon HH**, Mubang RN, Wernick B, Freedman SF, Stoltzfus JC, Miele LF, Stawicki SP, Morrissey MW Jr. Acellular dermal matrix versus inferior de-epithelized flap in immediate breast reconstruction: equivalent outcomes, with increased cost. *Plastic & Reconstructive Surgery Global Open*. Jun 2017; 5 (6): e1382.
7. Terzian WH, Sun R, **Hon HH**, Jadeja P, Grant SB. Surgery comes of age: The ACS and the evolution of the surgical profession. *Bulletin of the American College of Surgeons*. Aug 2016, 101 (8): 13-18.

8. **Hon HH**, Barry N, MacBean U, Anagnostakos J, Wojda TR, Evans DC, Jones C, Portner M, Hoey BA, Hoff WS, Thomas P, Stawicki SP. Identifying injury and fatality risks in aeromedical transport: making it safer for the life-savers. *Journal of Surgical Research*. Aug 2016; 204 (2): 297-303.
9. Lin MJ, Barry N, Akusoba I, **Hon HH**, Cohen MS, Shukla P, Cipolla J, Stawicki SP, Hoey BA. Traditional autopsy versus CT-imaging autopsy in trauma: A case of “synergistic disagreement”. *Surgery*. Jul 2016; 160(1): 211-219.
10. **Hon HH**, Elmously A, Stehly CD, Stoltzfus J, Stawicki SP, Hoey BA. Inappropriate warfarin use in trauma: Time for a safety initiative. *Journal of Postgraduate Medicine*. Jan 2016; 62(2): 73-79.
11. Shen YS, **Hon HH**, Papadimos TJ, Stawicki SP, Schrag SP. Images in academic medicine: malignant peripheral nerve sheath tumor. *International Journal of Academic Medicine*: Oct 2015; 1(1): 1-4.
12. **Hon HH**, Kousari YMS, Papadimos TJ, Tsavoussis A, Jeanmonod R, Stawicki SP. Editorial: Non-accidental burn injuries, child abuse awareness and prevention, and the critical need for dedicated pediatric emergency specialists: answering the global call for social justice for our youngest citizens. *International Journal of Critical Illness & Injury Science*: Oct 2015; 5(4): 223-226.
13. Cipriano A, Mao ML, **Hon HH**, Vazquez, Stawicki SP, Sharpe RP, Evans DC. An overview of complications associated with open and percutaneous tracheostomy procedures. *International Journal of Critical Illness & Injury Science*. Sep 2015; 5(3): 179-188.
14. Wernick B, **Hon HH**, Mubang RN, Cipriano A, Hughes R, Rankin DD, Evans DC, Burfeind WR, Hoey BA, Cipolla J, Galwankar SC, Papadimos TJ, Stawicki SP, Firstenberg MS. Complications of needle thoracostomy: a comprehensive clinical review. *International Journal of Critical Illness & Injury Science*. Sep 2015; 5 (3): 160-169.
15. Grant SB, **Hon HH**, Iyer P, Smith C, Sun S. The RAS-ACS: Recruiting medical students and training future leaders. *Bulletin of the American College of Surgeons*. Aug 2015; 100 (8): 23-28.
16. Balinger KJ, Chu MT, **Hon HH**, Stawicki SP, Anasti JN. Amniotic fluid embolism: despite progress, challenges remain. *Current Opinion in Obstetrics and Gynecology*. Aug 2015; 1-7.
17. **Hon HH**, Stoltzfus JC, Stawicki SP. Biostatistics for the intensivist: A clinically-oriented guide to research analysis and interpretation. *Principles of Adult Surgical Critical Care*, 1st edition edited by Martin ND, Kaplan LJ. Print. 2015

PRESENTATIONS

1. “Brachial plexus injuries.” Plastic Surgery Grand Rounds, University of Nebraska Medical Center, Omaha, NE, Jan 13, 2021.
2. “Lasers.” Plastic Surgery Grand Rounds, University of Nebraska Medical Center, Omaha, NE, Oct 21, 2020.
3. “Craniofacial anomalies.” Plastic Surgery Grands Rounds; University of Nebraska Medical Center, Omaha, NE, Sep 11, 2019.
4. “Facial nerve injury and reconstruction.” Plastic Surgery Grand Rounds; University of Nebraska Medical Center, Omaha, NE. Jul 24, 2019

5. "Abdominal wall and pelvic reconstruction." Plastic Surgery Grand Rounds; University of Nebraska Medical Center, Omaha, NE. Jan 23, 2019
6. "Breast augmentation/mastopexy." Plastic Surgery Grand Rounds; University of Nebraska Medical Center, Omaha, NE. Aug 28, 2018
7. "Breast reconstruction: types, considerations and new techniques. How do we choose?" Surgery Grand Rounds; St. Luke's University Health Network, Bethlehem, PA. Apr 25, 2018
8. "Management, reconstruction and trends in maxillofacial trauma." Surgery Grand Rounds; St. Luke's University Health Network, Bethlehem, PA. May 17, 2017.
9. "Gastric sleeve migration conversion to roux-en-y gastric bypass in combination with collis gastropasty and paraesophageal hernia repair." 34th ASMBS Annual Meeting, Washington, D.C. Nov 2, 2017
10. "Acellular dermal matrix versus inferior de-epithelized flap in immediate breast reconstruction: equivalent outcomes, reduced procedure time." 11th Annual Academic Surgical Congress. Jacksonville, FL. Feb 3, 2016
11. "Identifying injury and fatality risks in aeromedical transport: making it safer for the life-savers". PA ACS Colleagues at the Keystone Chapter's 2015 Annual Scientific Meeting. Scranton, PA. Nov 6, 2015. 11th Annual Academic Surgical Congress. Jacksonville, FL. Feb 3, 2016
12. "Traditional autopsy versus CT-imaging autopsy in trauma: A case of "synergistic disagreement." 11th Annual Academic Surgical Congress. Jacksonville, FL. Feb 3, 2016
13. "Inappropriate warfarin use in trauma: Time for a safety initiative." 17th Annual Pennsylvania Trauma Systems Foundation and PA Chapter of ACS Committee on Trauma Conference. Harrisburg, PA. Oct 10, 2013. Residents' and Fellows' Research Symposium. Bethlehem PA. Jun 12, 2014. 10th Annual Academic Surgical Congress. Las Vegas, NV. Feb 4, 2015.

LICENSURE and CERTIFICATIONS

2019 Licentiate of the Medical Council of Canada
2018 American Board of Surgery

ACADEMIC AWARDS and HONORS

2016 St. Luke's University Academic Achievement Award
2011-present Gold Humanism Honor Society
2009 White Coat Ceremony Award
2008-2012 Iota Epsilon Alpha Member (International Honors Society)
2008-2012 Deans' List, St. George's University

PROFESSIONAL MEMBERSHIPS

2020-2021 Operation Smile Regan Resident Leadership Program
2018-present Resident member, American Society of Plastic Surgeons
2016-present Candidate member, Association for Academic Surgery

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- 2016-2017 Chair, Resident Association Society-Membership Committee, American College of Surgeons
- 2013-2017 Resident Association Society, American College of Surgeons
- 2012-present Resident member, American College of Surgeons

PERSONAL INTERESTS

Scuba diving: PADI certified in Advanced Open Water

Arts: Grade 9 Piano and Grade 5 Music Analysis with the Royal Conservatory of Music
Creative and Corrective Makeup Diploma (2003)

Languages: Cantonese (native proficiency), Spanish (limited working proficiency)