TITLE IX

Title IX of the Education Amendments of 1972 (20 U.S.C. 1681 et seq.) prohibits discrimination on the basis of sex in education programs receiving Federal financial assistance. Title IX states: “No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

• Title IX prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance
• Sexual harassment of students, which includes acts of sexual violence, is a form of sex discrimination prohibited by Title IX
• Title IX applies also to same-sex, bisexual and transgender students

SEXUAL VIOLENCE

Students have the right to report the incident, have UNMC investigate what happened, and have their complaint resolved promptly and equitably. To file a complaint students may contact:

• Carmen Sirizzotti, MBA
  UNMC Title IX Coordinator at 402.559.2710
Students have the right to choose to report an incident of sexual violence to campus or local law enforcement; however, a criminal investigation does not relieve UNMC of its duty under Title IX to respond promptly and effectively.

RESOURCES

Confidential Resources
Student Counseling 402.559.7276
Student Health Clinic 402.559.7204
Level 3, Durham Outpatient Center

Campus Resources
Campus Security 402.559.5111
Title IX Coordinator:
  Carmen Sirizzotti, MBA
  402.559.2710 | csirizzotti@unmc.edu
UNMC Compliance Hotline 1.866.568.5430
Financial Aid Office 402.559.6409
International Students Office 402.559.8326

Off Campus Resources
Nebraska Medicine
  Emergency 1.800.922.0000 | 4350 Dewey Ave, Omaha
Methodist Hospital Emergency Room
  Sexual Assault Response Team (SART) and
  Sexual Assault Nurse Examiner (SANE) Program
  402.354.8899
  8303 Dodge Street, Omaha, NE &
  717 N. 190th Plaza, Omaha, NE
Women’s Center for Advancement
  24/7 Crisis Hotline: 402.345.7273
  Española Hotline: 402.672.7118
Police Department 402.444.5636 or 911
Legal Aid of Nebraska
  1.877.250.2016 | www.legalaidofnebraska.com

Hot Lines – 24/7
National Sexual Assault 1.800.656.HOPE (4673)
National Domestic Violence 1.800.799SAFE (7233)

National Websites
Know your rights Title IX www.knowyourix.org
Not Alone www.notalone.gov
Nebraska Domestic Violence Sexual Assault Coalition (NDVSAC) www.ndvsac.org
RAINN (Rape, Abuse & Incest National Network) www.rainn.org
LGBTQ: The Survivor Project www.survivorproject.org
Male Survivors of sexual trauma www.malesurvivor.org

It’s on all of us to stop sexual assault.
Take the pledge to be part of the solution at ItsOnUs.org

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Was It my fault?
Men and boys can be victims of sexual violence as children, teens, or adults. Sexual violence is never the fault of the person who experienced sexual violence.

As a survivor you may blame yourself:
- “If I hadn’t gotten in the car.”
- “If I hadn’t gone to their room drunk.”
- “I should have known better than to study at their house.”

Do not blame yourself.

After Effects of Sexual Violence
- Post Traumatic Stress disorder (PTSD) severe feelings of anxiety, stress or fear
- Depression: emotional and psychological reactions due to the sexual violence experience
- Flashbacks: when memories of past traumas feel as if they are taking place in the current moment
- Develop sleeping and/or eating disorders
- Sexually Transmitted Infections (STIs)
- Substance abuse: you may turn to alcohol or other substances in an attempt to relieve emotional suffering
- Self-harm/self injury and/or suicidal thoughts: Please seek help immediately by calling 911, go the nearest Emergency room or call the National Suicide Prevention Lifeline for help 24 hours a day at 800.273.TALK (8255)
- Difficulties in studying and/or concentrating

Effects can be immediate or delayed, they can be brief in duration or last a very long time.

Responding to Sexual Violence
- Here at UNMC we care about the well-being of our students. If you experience sexual violence we offer you help in several ways.
- UNMC wants to ensure you are able to obtain the assistance and support needed; to get help, feel secure, and begin the healing process.
- We hope this information is helpful for you or a friend, if you experience sexual violence.

What is Sexual Violence?
- Sexual violence is any physical sexual act perpetrated either against a person’s will or when a person is incapable of giving consent. Sexual violence is a form of sexual harassment.

If You Experience Sexual Violence
- If you are in immediate danger, call the police or get to a safe place where you can contact a trusted person or close friend who can be with you until you feel safe again.

Consider Medical Attention
- By getting medical attention as soon as possible you can be evaluated for any physical damage as well as to collect important physical evidence in the event you may later wish to take legal action.
- In order to keep the evidence viable, do not change clothes, bathe, shower, use the restroom, or cleanse in any way prior to your examination. Also, if possible, do not eat, drink or smoke prior to your examination.
- Getting medical attention does not require you to report to anyone, unless you choose to do so.
- Counseling is strongly recommended in order to assist you with your recovery and healing. It can be very helpful to talk with someone who can provide support and who can understand what you have been through.
- You may also call the National Sexual Assault hotline at 1.800.656.HOPE (4673).

Consider filing a complaint with UNMC
If you wish to file a complaint, you may contact:

Carmen Sirizzotti, MBA, UNMC Title IX Coordinator
402.559.2710  |  csirizzotti@unmc.edu

Consider Reporting the Incident to Your Local Police Department
- You may do so any time after you experienced sexual violence. The police have investigators who are trained to handle sexual violence cases in a sensitive manner.

If You Know a Person Who Experienced Sexual Violence
- Listen with compassion, be there to support, and emphasize that sexual violence is not their fault.
- Provide this brochure and/or resource list.
- Encourage counseling and medical treatment.

Retaliation is Prohibited
- Retaliation against the Complainant or a third party in an attempt to prevent or otherwise obstruct the reporting or remediation of sexual misconduct is prohibited at UNMC.

For additional information please visit:
unmc.edu/Title IX