**TITLE IX**

Title IX of the Education Amendments of 1972 (20 U.S.C. 1681 et seq.) prohibits discrimination on the basis of sex in education programs receiving Federal financial assistance. Title IX states: “No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

- Title IX prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance.
- Sexual harassment of students, which includes acts of sexual violence, is a form of sex discrimination prohibited by Title IX.
- Title IX applies also to same-sex, bisexual and transgender students.

**Sexual Violence**

- Sexual violence refers to physical sexual acts perpetrated either against a person’s will or where a person is incapable of giving consent due to the victim’s use of drugs or alcohol.
- An individual also may be unable to give consent due to an intellectual or other disability.
- A number of different acts fall into the category of sexual violence, including rape, sexual assault, sexual battery, and sexual coercion. All such acts of sexual violence are forms of sexual harassment covered under Title IX.

**Reporting Sexual Misconduct**

All individuals are expected to promptly report conduct that may violate UNMC Sexual Misconduct Policy to the University. UNMC will offer supportive measures to Complainants whether or not a Formal Complaint is filed. “Supportive measures” means non-disciplinary, non-punitive individualized services offered as appropriate, as reasonably available, and without fee or charge to the Complainant.

Students who seek to report may contact:

- UNMC Title IX Coordinator: Carmen Sirizzotti, MBA 402.559.2710 | csirizzotti@unmc.edu
- University Public Safety for assisting in filing a criminal complaint and preserving physical evidence, and/or local law enforcement to file a criminal complaint.

**RESOURCE LIST**

**Confidential Resources**

Student Health Clinic: 308.632.2215

**Campus Resources**

Police Department: 308.630.6261 or 911
Title IX Coordinator: Carmen Sirizzotti, MBA 402.559.2710 | csirizzotti@unmc.edu
Associate Vice Chancellor for Student Success: Philip Covington, EdD 402.559.2792 | philip.covington@unmc.edu
UNMC Compliance Hotline: 1.844.348.9584 | nebraska.ethicspoint.com
Financial Aid Office: 402.559.6409
International Students Office: 402.559.8326

**Off Campus Resources**

Regional West Medical Center: 308.630.3711 | 4021 Ave B
The Doves Program: 308.436.HELP (4357) 877.215.0167 (Español)
Police Department: 308.630.6261 or 911
Legal Aid of Nebraska: 1.877.250.2016 | legalaidofnebraska.org

**Hot Lines – 24/7**

National Sexual Assault: 1.800.656.HOPE (4673)
National Domestic Violence: 1.800.799.SAFE (7233)

**National Websites**

Know your rights Title IX: knovvyourix.org
Not Alone: youth.gov
Nebraska Coalition to End Sexual and Domestic Violence: nebraskacoalition.org
RAINN (Rape, Abuse & Incest National Network): rainn.org
LGBTQ: The Survivor Project: survivorproject.org
Male Survivors of Sexual Trauma: malesurvivor.org

unmc.edu/TitleIX
Responding to Sexual Violence
- Here at UNMC we care about the well-being of our students. If you experience sexual violence we offer help in several ways.
- UNMC wants to ensure you are able to obtain the assistance and support needed; to get help, feel secure and begin the healing process.
- We hope this information is helpful for you or a friend, if you experience sexual violence.

What is Sexual Violence?
Sexual violence is any physical sexual act perpetrated either against a person’s will or when a person is incapable of giving consent. Sexual violence is a form of sexual harassment.

If You Experience Sexual Violence
If you are in immediate danger, call the police or get to a safe place where you can contact a trusted person or close friend who can be with you until you feel safe again.

Consider Medical Attention
- By getting medical attention as soon as possible you can be evaluated for any physical damage as well as to collect important physical evidence in the event you may later wish to take legal action.
- In order to keep the evidence viable, do not change clothes, bathe, shower, use the restroom, or cleanse in any way prior to your examination. Also, if possible, do not eat, drink or smoke prior to your examination.
- Getting medical attention does not require you to report to anyone, unless you choose to do so.
- Counseling is strongly recommended in order to assist you with your recovery and healing. It can be very helpful to talk with someone who can provide support and who can understand what you have been through.
- You may also call the National Sexual Assault hotline at 1.800.656.HOPE (4673).

Consider Filing a Formal Complaint
If you wish to file a formal complaint, you may contact:
- Carmen Sirizzotti, MBA, UNMC Title IX Coordinator
  402.559.2710 | csirizzotti@unmc.edu
- Philip Covington, EdD, Associate Vice Chancellor for Student Success
  402.559.2792 | philip.covington@unmc.edu

Consider Reporting the Incident to Your Local Police Department
You may do so any time after you experienced sexual violence. The police have investigators who are trained to handle sexual violence cases in a sensitive manner.

If You Know a Person Who Experienced Sexual Violence
- Listen with compassion, be there to support and emphasize that sexual violence is not their fault.
- Provide this brochure and/or resource list.
- Encourage counseling and medical treatment.

Retaliation is Prohibited
Retaliation against the complainant or a third party in an attempt to prevent or otherwise obstruct the reporting or remediation of sexual misconduct is prohibited at UNMC.

Was It My Fault?
Men and boys can be victims of sexual violence as children, teens or adults. Sexual violence is never the fault of the person who experienced sexual violence.
As a survivor you may blame yourself:
- “If I hadn’t gotten in the car.”
- “If I hadn’t gone to their room drunk.”
- “I should have known better than to study at their house.”

Do not blame yourself.

After Effects of Sexual Violence
- Post Traumatic Stress disorder (PTSD) severe feelings of anxiety, stress or fear
- Depression: emotional and psychological reactions due to the sexual violence experience
- Flashbacks: when memories of past traumas feel as if they are taking place in the current moment
- Develop sleeping and/or eating disorders
- Sexually Transmitted Infections (STIs)
- Substance abuse: you may turn to alcohol or other substances in an attempt to relieve emotional suffering
- Self-harm/self injury and/or suicidal thoughts, please seek help immediately by calling 911, go the nearest Emergency room or call the National Suicide Prevention Lifeline for help 24 hours a day at 800.273.TALK (8255).
- Difficulties in studying and/or concentrating

Effects can be immediate or delayed. They can be brief in duration or last a very long time.

For additional information please visit: unmc.edu/TitleIX