**Title IX**
Title IX of the Education Amendments of 1972 (20 U.S.C. 1681 et seq.) prohibits discrimination on the basis of sex in education programs receiving Federal financial assistance. Title IX states: “No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

- Title IX prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance.
- Sexual harassment of students, which includes acts of sexual violence, is a form of sex discrimination prohibited by Title IX.
- Title IX applies to all students, faculty and staff of all genders and sexualities.

**Sexual Violence**

- Sexual violence refers to physical sexual acts perpetrated either against a person’s will or where a person is incapable of giving consent due to the victim’s use of drugs or alcohol.
- An individual also may be unable to give consent due to an intellectual or other disability.
- A number of different acts fall into the category of sexual violence, including rape, sexual assault, sexual battery, and sexual coercion. All such acts of sexual violence are forms of sexual harassment covered by Title IX.

**Reporting Sexual Misconduct**
All individuals are expected to promptly report conduct that may violate UNMC Sexual Misconduct Policy to the University. UNMC will offer supportive measures to Complainants whether or not a Formal Complaint is filed. “Supportive measures” means non-disciplinary, non-punitive individualized services offered as appropriate, as reasonably available, and without fee or charge to the Complainant.

Students who seek to report may contact:
- UNMC Title IX Coordinator: Carmen Sirizzotti, MBA 402-559-2710 | csirizzotti@unmc.edu
- University Public Safety for assistance in filing a criminal complaint and preserving physical evidence; and/or local law enforcement to file a criminal complaint.

**RESOURCES**

**Confidential Resources**
Counseling & Psychological Services (CAPS): 402-472-7450 or 402-559-7276
Student Medical Clinic: 402-472-5000
Center for Advocacy, Response, & Education: 402-472-3553

**Campus Resources**
UNL Police: 402-472-2222 (2.2222 on-campus)
Title IX Coordinator:
Carmen Sirizzotti, MBA | 402-559-2710 | csirizzotti@unmc.edu
UNMC Compliance Hotline: 1-844-348-9584 | nebraska.ethicspoint.com
Financial Aid Office: 402-559-6409
International Students Office: 402-559-8326

**Off-Campus Resources**
Bryan Health Hospital West Campus: 402-481-1111 | 2300 S 16th St, Lincoln
CHI Health St. Elizabeth: Emergency: 402-219-7142 | 555 S 70th St, Lincoln
Voices of Hope:
Women’s Center for Advancement:
24/7 Crisis Hotline: 402-345-7273 | Main Office: 402-345-6555
Police Department: 402-441-6000 or 911
Legal Aid of Nebraska: 1-877-250-2016 | legalaidofnebraska.org

**Hot Lines-24/7**
National Sexual Assault: 1-800-656-HOPE (4673)
National Domestic Violence: 1-800-799-SAFE (7233)

**National Websites**
Know your rights Title IX: knowyourix.org
Nebraska Coalition to End Sexual and Domestic Violence: nebraskacoalition.org
RAINN (Rape, Abuse & Incest National Network): rainn.org
LGBT National Help Center Hotline: 888-843-4564 | lgbthotline.org
Male Survivors of Sexual Trauma: malesurvivor.org

It’s on all of us to stop sexual assault.
Take the pledge to be part of the solution at ItsOnUs.org

Lincoln Campus:
Resources for Students to Find Help and Healing

Domestic Violence, Dating Violence, Sexual Assault, Sexual Exploitation & Stalking Resources

Rev. 05.2023
Was it My Fault?

Students can be victims of sexual violence as children, teens, or adults. Sexual violence is never the fault of the person who experienced sexual violence.

A survivor may blame themselves:

• “If I hadn’t gotten in the car.”
• “If I hadn’t gone to their room drunk.”
• “I should have known better than to study at their house.”

A survivor should never blame themselves.

After Effects of Sexual Violence

• Post-Traumatic Stress disorder (PTSD): severe feelings of anxiety, stress, or fear.
• Depression: emotional and psychological reactions such as sadness and hopelessness.
• Flashbacks: when memories of past traumas feel as if they are taking place in the current moment.
• Difficulties in studying and/or concentrating.
• Develop sleeping and/or eating disorders.
• Sexually Transmitted Infections (STIs).
• Substance abuse: a person may turn to alcohol or other substances in an attempt to relieve emotional suffering.
• Self-harm/self-injury and/or suicidal thoughts, please seek help immediately by calling 911, go to the nearest Emergency room or call the National Suicide Prevention Lifeline for help 24 hours a day by dialing 988.

Effects can be immediate or delayed. They can be brief in duration or last a very long time.