

## Confidential Title IX Advocacy Support

The UNMC Title IX Advocate provides confidential, traumainformed support and information to those affected by sexual harassment, sexual assault, domestic violence, dating violence, stalking, or other forms of sex-based discrimination.

Advocacy focuses on individual needs. Individuals will not be pressured to discuss anything they are not comfortable with. Individuals control what information is shared, the actions to be taken, and the desired outcomes.

An advocate can help you:

- · Understand your rights and options
- Learn about campus and community resources
- Make informed decisions about what feels right for you

The UNMC Title IX nationally-certified advocate supports individuals who have been impacted by sexual violence, domestic/dating violence, stalking, and sexual harassment on campus or outside of the academic or workplace setting.

To schedule an advocacy support meeting, please contact:

Kelly Blecha • Title IX Advocate kblecha@unmc.edu or 402.836.9043



## An advocate can assist with:

- Navigating the Title IX processes, rights, and reporting options
- Supportive measures such as safety planning and academic adjustments
- Connections to counseling, medical, campus, and community resources

## Did you know?

- An advocate
  can connect
  you with
  resources for
  childcare, food,
  shelter,
  clothing, and
  more
- You do not need to file a Title IX report to receive support
- Advocacy support meetings are available in person, by Zoom, or by phone

