DO

✓ Fill out our Sample submission form before sending samples
✓ Contact our Core facility stuff at any time to discuss your project, sample preparation, processing time and cost
✓ Give us as many information as you can about your samples
✓ Use clean containers and tubes to stain and store your gels
✓ Wear gloves at all time during sample preparation for MS
✓ Thoroughly de-stain your gel before sending it to us
✓ Cut gel bands on a clean glass plate using a clean scalpel
✓ Acknowledge our Core facility in your publications, if our services have contributed to your work

DON’T

✓ Use a silver stain or commercial kits for Coomassie staining
✓ Use detergents
✓ Use parafilm
✓ Use more than 5% glycerol
✓ Incubate gels in a microwave to expedite Coomassie staining